



Healthy Arizona Worksite Program (HAWP)

Application Process Webinar

Tuesday, Jan.24, 2017

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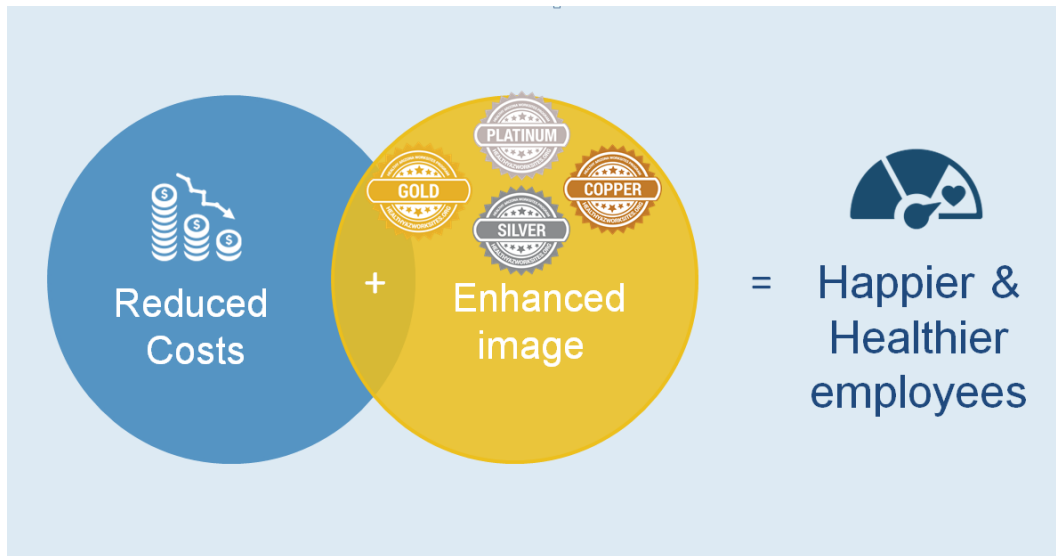
HealthyAZWorksites.org

Objectives

- Learn the benefits of applying for the HAWP Award
- Learn the process to apply for the HAWP Award
- Learn what is next after applying for the HAWP Award

Benefits of applying for the HAWP Award

- Free Training
- Technical Assistance
- Evidence-based Comprehensive Worksite Wellness Initiatives
- Networking with others
- Healthy Arizona Worksite Recognition Award!



Levels for the HAWP Award



1 Goal & Strategies



2 Goals & Strategies, 1 Supportive Policy per Category



3 Goals & Strategies, 2 Supportive Policies per Category



Community Project

Roadmap to the HAWP AWARD



HAWP 101 Training



Letter of Support



**CDC Worksite
Health Scorecard**



**Wellness
Champion/Team**



**Worksite Health
Improvement Plan**



**Policy & Change
Implementation**



**HAWP Award
Application**



HAWP AWARD WORKSHEET



HAWP 101 TRAINING:

Visit healthazworksites.org to sign up to attend the Health Arizona Worksite Program Training.

Training date: _____ Location: _____



LETTER OF SUPPORT:

Obtain a letter of support from organization's leadership to announce the wellness program and demonstrate commitment

Who will write your letter?: _____



IDENTIFY WELLNESS CHAMPION/TEAM

Ideas: _____ Possible members: _____



ASSESSMENT

Start the scorecard online: bit.ly/cdcscorecard

Who will complete the CDC Worksite Health Scorecard?: _____

What other assessments?

For silver, choose 1 Employee interest data Biometric screening Organization culture survey
For gold, choose 2 Health risk appraisal Management survey Other _____



WORKSITE HEALTH IMPROVEMENT PLAN:

Use the plan builder to start today: bit.ly/hawpplanbuilder

For copper: 1 goal & strategies
For silver: 2 goals & strategies
For gold: 3 goals & strategies

Possible areas of interest (check all that apply)

- Nutrition
- Physical Activity
- Tobacco
- Stress Mgmt./ Depression
- High Blood Pressure
- High Cholesterol
- Diabetes
- Heart Attack/ Stroke
- Weight Mgmt.
- Lactation Support
- Safety/ Injury Prev.
- Vaccine Prev. Diseases



POLICY & CHANGE IMPLEMENTATION

For silver: Minimum 1 policy/
environmental strategy
per category

For gold: Minimum 2 supportive policy/
environmental strategy
per category

Possible areas of improvement (check all that apply)

- Organizational support
- Nutrition
- Physical Activity
- Tobacco
- Stress Mgmt./ Depression
- High Blood Pressure
- High Cholesterol
- Diabetes
- Heart Attack/ Stroke
- Weight Mgmt.
- Lactation Support
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- Vaccine Prev. Diseases

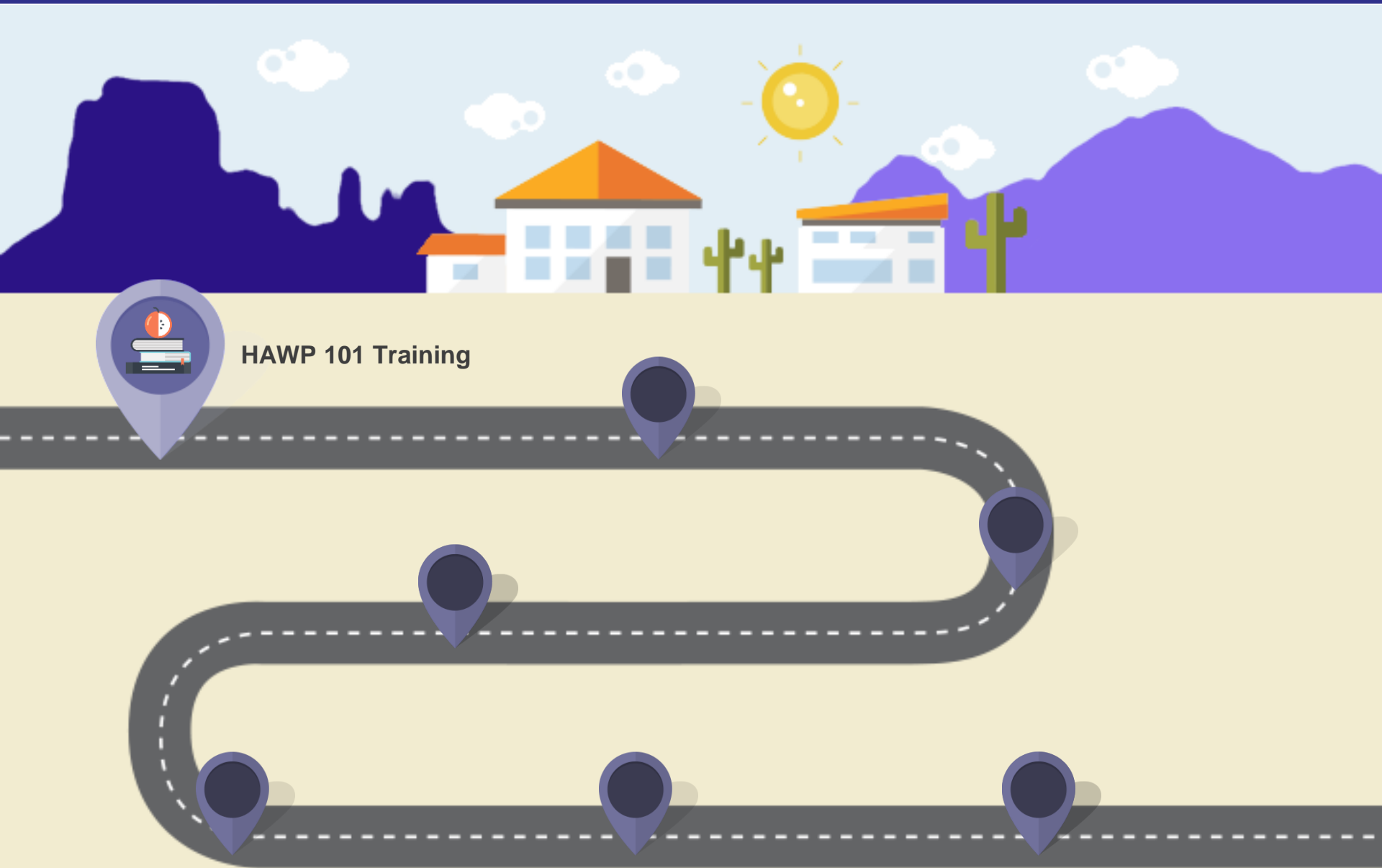


HAWP AWARD APPLICATION:

You're so close! Apply for the HAWP Award! Start the application online: bit.ly/hawpapplication

Who will complete the CDC Worksite Health Scorecard?: _____

Roadmap to the HAWP Award



Sign up for a Training TODAY

The Program ▾ Getting Started HAWP Award



Resources ▾ For Employees Events Contact

HAWP EVENTS

Search Near...

[Show Advanced Search](#)

Jan
24

The HAWP Award Process: What you need to know!

Join the Webinar! Hard Work Pays Off! You could be next to be added to our list of 46 employers that have been awarded as a Healthy Arizona Worksite. The Healthy Arizona Worksite Award recognizes employers for their efforts to...

Feb
15

HAWP 101 / FitPHX (Phoenix)

The Healthy Arizona Worksites Program (HAWP) is a statewide public health initiative developed through a partnership between the Arizona Department of Health Services and the Maricopa County Department of Public Health. During this training, employers will learn how to design...

Feb
21

HAWP 101 / Hosted by Humana

The Healthy Arizona Worksites Program (HAWP) is a statewide public health initiative developed through a partnership between the Arizona Department of Health Services and the Maricopa County Department of Public Health. During this training, employers will learn how to design...

Apr
18

HAWP 101 / American Heart Association

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CALENDAR

Jan 2017						
<<						>>
M	T	W	T	F	S	S
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

Roadmap to the HAWP Award



Letter of Support

- Must come from leadership
- Employees feel empowered with support

Examples:

- + Announcing the wellness program
- + Committed to being involved with HAWP

What Does a Wellness Team/ Champion Do?

1.

Acts as role models, but are real people.

2.

Enables others to participate.

3.

Links employee interests and health risk priorities.

4.

Meets regularly and share progress with employees.

5.

Operates best with effective leadership.



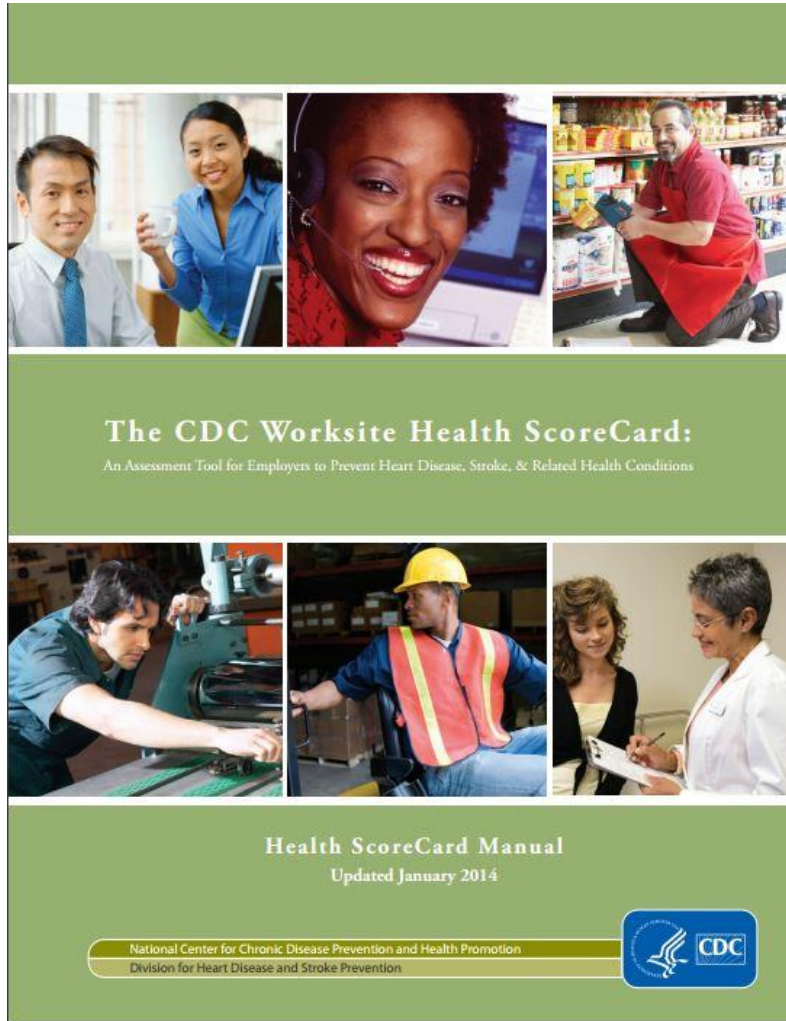
TIPS:

- Identify co-leaders
- Rotate roles
- Communicate

Roadmap to the HAWP Award



CDC Worksite Health ScoreCard (HSC)



- Guides the development of a comprehensive worksite health promotion program
 - + Evidence-based individual risk reduction programs
 - + Environmental supports for healthy behaviors
 - + Organizational policies and healthy worksite activities
- Validated worksite tool
- Allows for comparisons with other worksites

CDC Worksite Health ScoreCard (HSC)

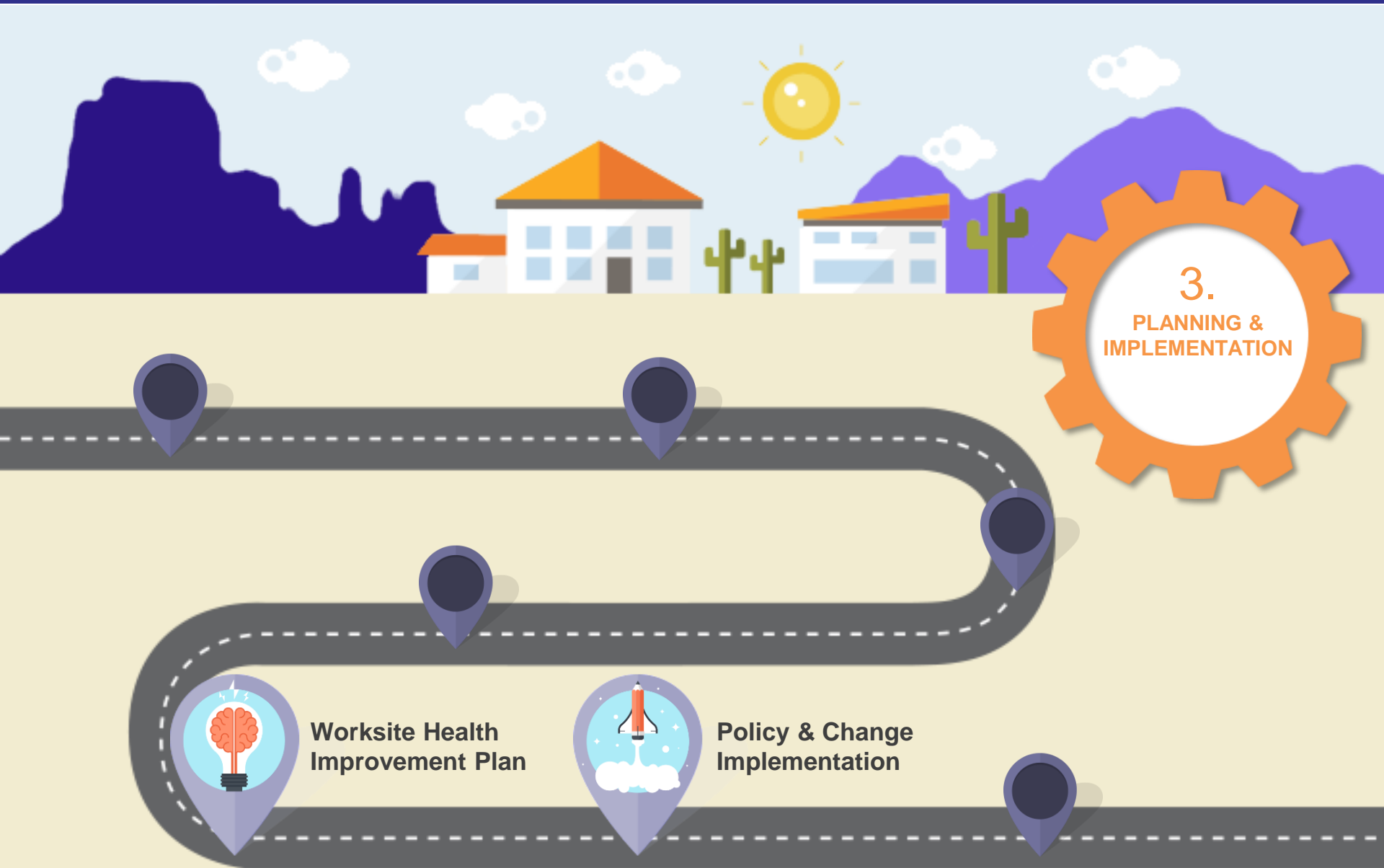
TOPIC	TOTAL PTS POSSIBLE	AVERAGE SCORES*				
		OVERALL	VERY SMALL	SMALL	MEDIUM	LARGE
Organizational Supports	34	24	21	21	24	27
Tobacco Control	23	13	11	10	13	16
Nutrition	21	10	8	8	11	12
Physical Activity	23	13	9	10	15	16
Weight Management	11	8	5	6	8	9
Stress Management	14	10	9	8	11	11
Depression	19	9	6	9	7	10
High Blood Pressure	17	10	8	10	10	12
High Cholesterol	17	10	8	9	9	12
Diabetes	15	9	7	8	9	11
Signs and Symptoms of Heart Attack and Stroke	4	2	2	2	2	2
Emergency Response to Heart Attack and Stroke	17	11	7	12	11	13
Total	215	129	99	112	129	153

Worksite Sizes:

- Very small: 10-99 employees
- Small: 100-249
- Medium: 250-749
- Large: 750+

*The CDC Worksite Health ScoreCard uses the following worksite-size categories: very small (10-99 employees); small (100-249); medium (250-749); and large (750+).

Roadmap to the HAWP Award



Worksite Health Improvement Plan

- Vision Statement
- Goals
- Objectives
- Strategies

Roadmap to the HAWP Award



HAWP AWARD APPLICATION



Healthy Arizona Worksites Program Award Application

Instructions

Before you apply for the Healthy Arizona Worksites Award, your company should have already completed the following:

1. Attend a HAWP 101 Training
2. Complete the Centers for Disease Control (CDC) [Worksite Health ScoreCard](#)
3. Begin a HAWP Worksite Health Improvement Plan

You can find these items, including a schedule of upcoming HAWP 101 trainings, at HealthyAZWorksites.org.

You may want to [print this form](#), review it with your team, and gather your supporting documents before proceeding. This application may take up to an hour to complete. However, you **will** be able to save your responses and return to the form prior to submitting it.

The Healthy Arizona Worksite Award is awarded at four different levels. Determine the award level that represents your Worksite Health Improvement Plan.



HAWP AWARD EVENT

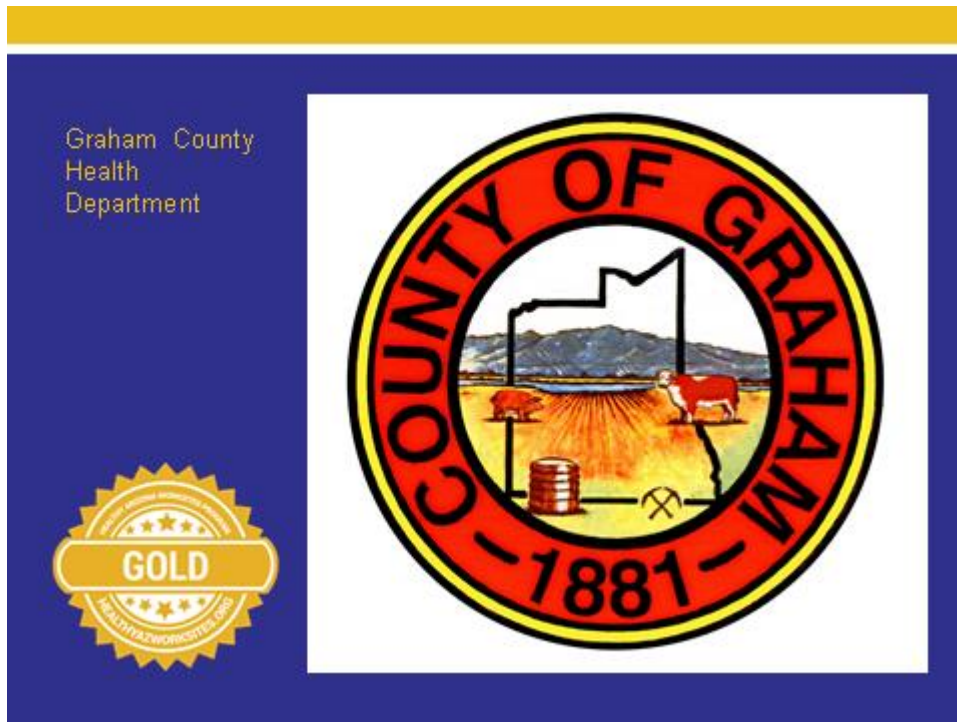
- Apply by April 15, 2017!
- Recognition Event on June 15, 2017!

Celebrate Success



HAWP Award Event 6/23/16

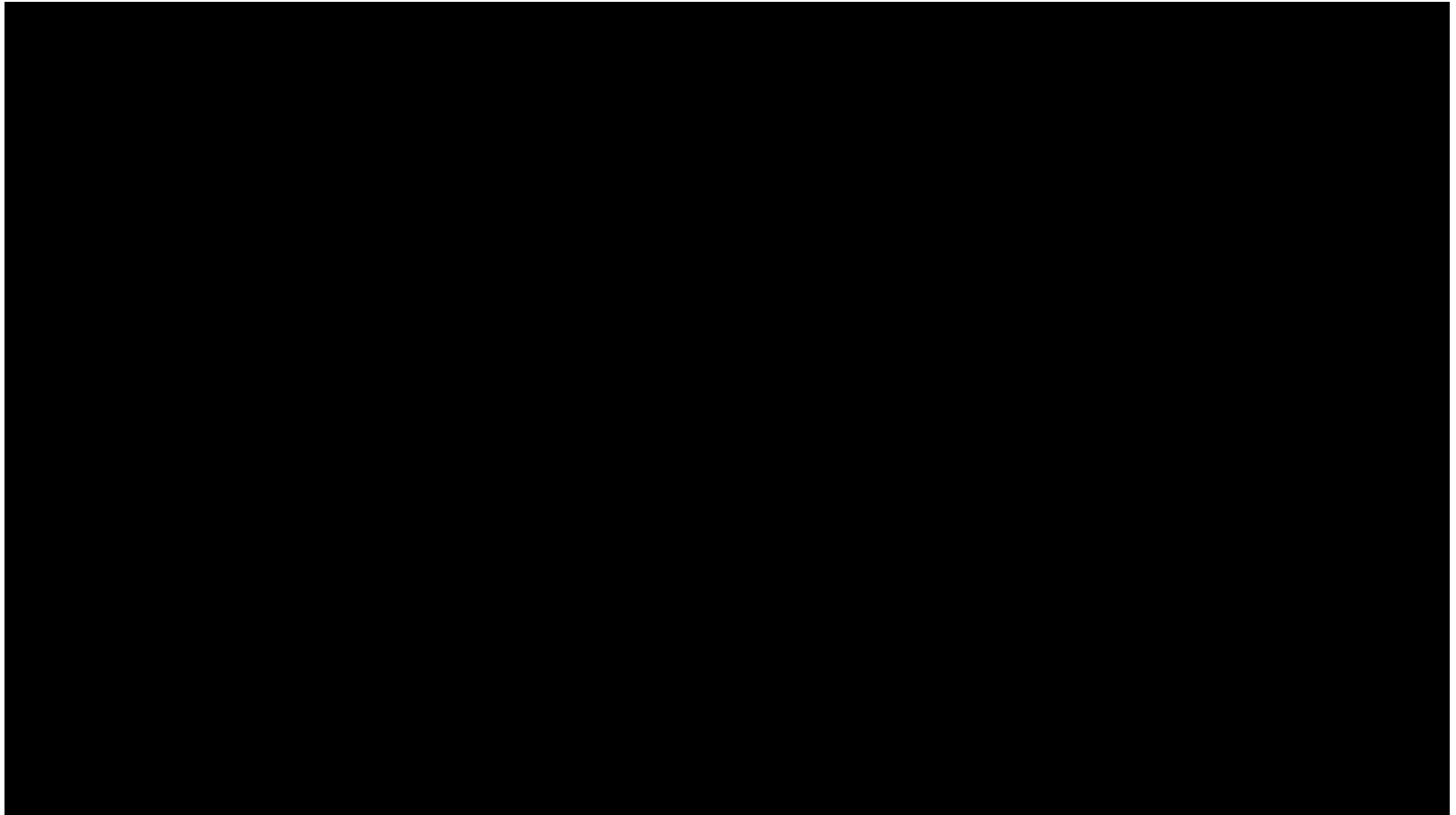
Celebrate Success



Graham County – Gold Level Award



HAWP Award Success Story



For more success stories, visit:

healthyazworksites.org/resources/employer-videos/



Thank you

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