

**Letter of Support**

**HAWP 101 Training**

**Wellness Champion/Team**

**CDC Worksite**

**Health Scorecard**

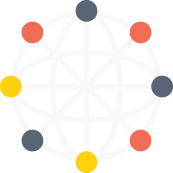
**Policy & Change  
Implementation**

**HAWP Award**

**Application**

**Worksite Health**

**Improvement Plan**



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| training.png | **HAWP 101 TRAINING:** *Visit* ***healthazworksites.org*** *to sign up to attend the Health Arizona Worksite Program Training.*  Training date: Location: |
| letter.png | **LETTER OF SUPPORT:** *Obtain a letter of support from organization’s leadership to announce the wellness program and demonstrate commitment*  Who will write your letter?: |
|  | **IDENTIFY WELLNESS CHAMPION /TEAM**  *Ideas: Possible members:* |
| scorecard.png | **ASSESSMENT**  Start the scorecard online: **bit.ly/cdcscorecard**  Who will complete the CDC Worksite Health Scorecard?:  **What other assessments?**  *For silver, choose 1* Employee interest data Biometric screening Organization culture survey  *For gold, choose 2* Health risk appraisal Management survey Other |
| lightbulb.png | **WORKSITE HEALTH IMPROVEMENT PLAN:**  Use the plan builder to start today: **bit.ly/hawpplanbuilder**  **Possible areas of interest** (check all that apply)  *For copper: 1 goal & strategies* 🞏 Nutrition 🞏 Physical Activity  *For silver: 2 goals & strategies* 🞏 Tobacco 🞏 Stress Mgmt./ Depression  *For gold: 3 goals & strategies* 🞏 High Blood Pressure 🞏 High Cholesterol  🞏 Diabetes 🞏 Heart Attack/ Stroke  🞏 Weight Mgmt. 🞏 Lactation Support  🞏 Safety/ Injury Prev. 🞏 Vaccine Prev. Diseases |
| launch.png | **POLICY & CHANGE IMPLEMENTATION Possible areas of improvement** (check all that apply)  *For silver: Minimum 1 policy/* 🞏 Organizational support  *environmental strategy* 🞏 Nutrition 🞏 Physical Activity  *per category* 🞏 Tobacco 🞏 Stress Mgmt./ Depression  🞏 High Blood Pressure 🞏 High Cholesterol  *For gold: Minimum 2 supportive policy/* 🞏 Diabetes 🞏 Heart Attack/ Stroke  *environmental strategy* 🞏 Weight Mgmt. 🞏 Lactation Support  *per category* 🞏 Safety/ Injury Prev. 🞏 Vaccine Prev. Diseases |
|  | **HAWP AWARD APPLICATION:**  *You’re so close! Apply for the HAWP Award! Start the application online:* ***bit.ly/hawpapplication***  Who will complete the CDC Worksite Health Scorecard?: |

