



Step up to  
a healthier  
and greener  
lifestyle.

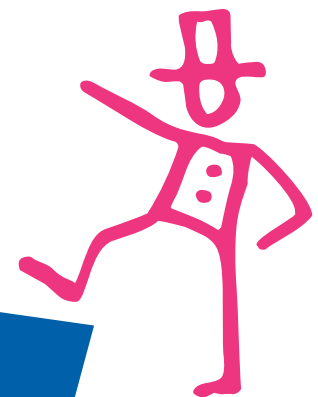
Take <sup>the</sup> Stairs





Burn calories.  
Stress less.  
Get healthy.

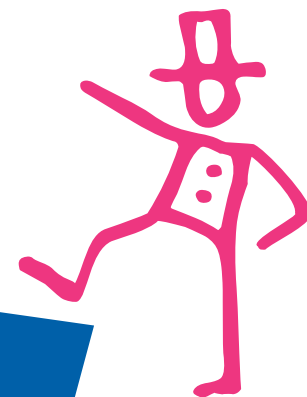
Take <sup>the</sup> Stairs





Add years to  
your life and life  
to your years.

Take <sup>the</sup> Stairs





Small steps  
make a big  
difference.

Take <sup>the</sup> Stairs





There are 1440  
minutes in  
every day --  
take 5 now.

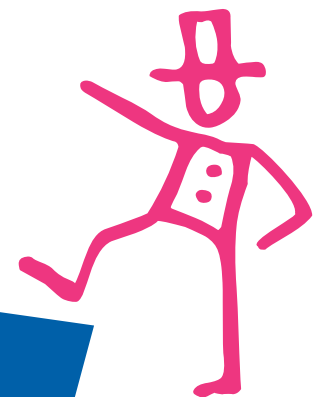
Take <sup>the</sup> Stairs





Go green in your  
daily routine.

Take <sup>the</sup> Stairs

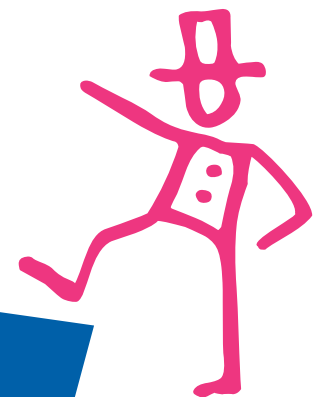




No waiting  
one door over

<-- nearest stairwell

Take <sup>the</sup> Stairs





Burn calories,  
not kilowatts.

Take <sup>the</sup> Stairs







Raise your  
fitness level,  
one step  
at a time.

Take<sup>the</sup>Stairs





No waiting  
one door over

nearest stairwell -->

Take <sup>the</sup> Stairs

