

HOW TO PROTECT EMPLOYEE HEALTH FROM CLIMATE SENSITIVE-HAZARDS FOUND IN ARIZONA

Presented by:



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Arizona Department of Health Services

WEBINAR HOUSEKEEPING

WELCOME

All lines have been muted.

Please type any questions into the chat or Questions panel and we will do our best to answer them all at the end.

All handouts and a copy of the presentation slides are available in the Handouts panel.

Please complete the survey that will be emailed out after the presentation

A recording will be added to the library of HAWP webinars on our website within 48 hours.

Special thanks to our supporting partner Arizona Department of Health Services for their generous support in making this webinar possible.



How to Protect Employee Health from Climate-Sensitive Hazards Found in Arizona

September 1, 2020

Presenting To

Healthy Arizona Worksites Program | Phoenix, Arizona

Carmen Tirdea, MPH | Epidemiologist



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Learning Objectives

- Become familiar with the impacts of weather hazards on human health
- Recognize the problems associated with it
- Learn about interventions and local resources



Unique Extreme Weather Events

- Extreme Heat
- Flooding
- Drought
- Dust Storms
- Wildfires
- Winter Storms



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Temperature Records As of 8/28/20



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US National Weather Service Phoenix
Arizona ✓

2d • 🌐

We did it! 50 days of 110 or greater this summer in Phoenix.

PHOENIX
Friday, August 28, 2020

50 Days
of 110° or greater!

Number of Days in
a Calendar Year
with a High
Temperature 110+
°F

1.	50 days 2020
2.	33 days 2011
3.	32 days 2007
4.	30 days 2016
5.	29 days 2019
6.	28 days 2002
7.	28 days 1979

NWS PHOENIX



BRIDGING CLIMATE CHANGE AND HEALTH WORKGROUP

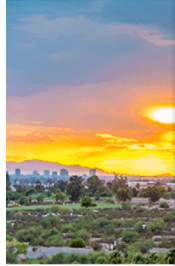
Starting in 2016, Maricopa County hosted several "Bridging Climate Change and Public Health" meetings which convened representatives from a diverse array of local community organizations, private businesses, government agencies, and academic institutions. Facilitated discussion helped identify local activities in the fields of climate and health, as well as stakeholders' perceived needs of the community and barriers to successful collaboration.

A subset of meeting participants formed the Bridging Climate Change and Public Health Strategic Planning Workgroup, which developed five priority actions for addressing environmental concerns affecting the health and well-being of the community:

1. Increasing awareness of current climate and health related activities and successes across our community
2. Fostering environmental actions for a healthier community
3. Coordinating research and collaborative efforts to catalyze change
4. Building community awareness through reasonable and unified climate change and health messages
5. Promoting public education about climate and health

Workgroup partner agencies include:

Arizona Asthma Coalition	Health Care Without Harm
Arizona Department of Health Services	Institute for Sustainable Communities
Arizona Department of Water Resources	Maricopa County Air Quality Department
Arizona Public Health Association	Maricopa County Department of Public Health
Arizona State University	Sierra Club
Chicanos Por La Causa	The Nature Conservancy
Citizens' Climate Lobby	Trees Matter
City of Phoenix, Heat Relief Network	University of Arizona



CLIMATE AND HEALTH STRATEGIC PLAN FOR MARICOPA COUNTY 2016-2021



Literature Review

- 3 Topics:
 1. Economical
 2. Environmental
 3. Health
- 21 Articles Included



The Challenge

- Environmental impacts
- Environmental regulations
- Not much focus on employees health



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How Are Arizona Businesses Affected By Climate Change?

- Intensified hazards:
 - Heat
 - Air pollution
 - Extreme weather
 - Infectious diseases



How Are Workers Affected By Climate Change?



Infectious diseases



Mortality



Respiratory diseases from air pollution



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Where Does It Lead?

How People Are Affected:

- Physically
- Mentally
- Social Health

Effects:

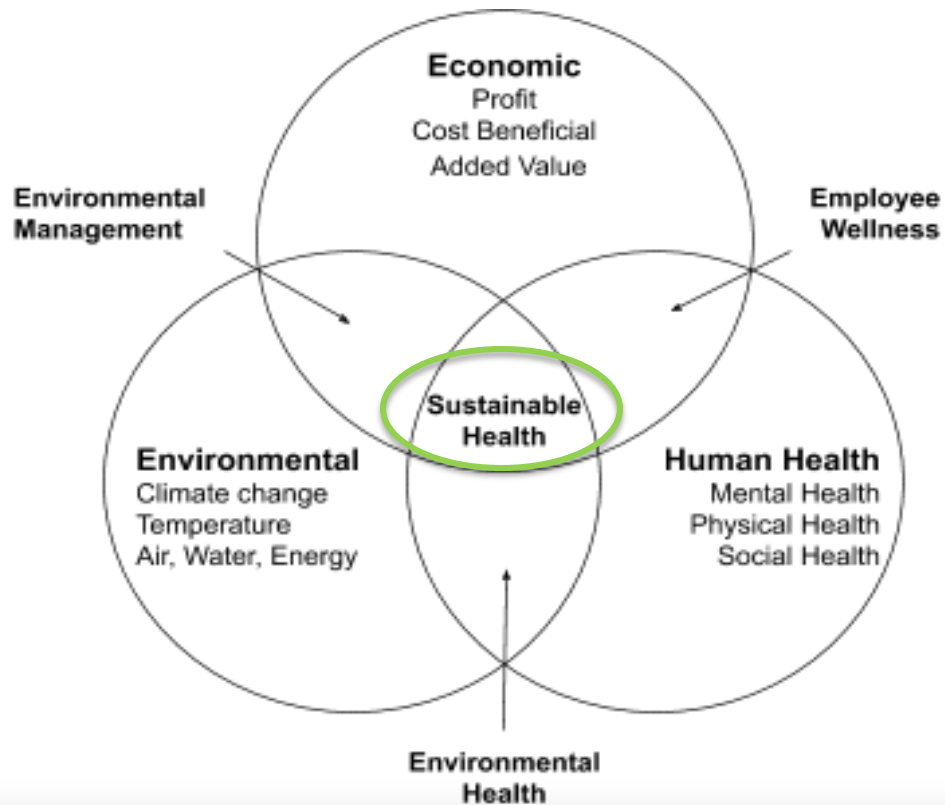
- Decreased productivity at work
- Absenteeism
- Climate Migration
- Increase in healthcare costs
 - Hospitalizations
 - Death



How To Address The Issue?

- Sustainable practices that improve:
 - Health of the employees
 - The environment they work in
 - Cost effectiveness
- Focus on prevention





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Resource Issues

Small Businesses

- Cost of interventions
- High turnover rates
- Lack of resources
- Hiring outside contractors

Large Businesses

- Wellness coach or wellness committee



Evidence -Based Strategies for Businesses

- Wellness Programs:
 - Different forms of active transportation
 - Wellness trainings
 - Wellness challenges
 - Wellness emails



Interventions for Arizona Businesses










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Location Mapping For Businesses

Smart Tools for Smart Decisions:

-  Community Profile
-  Demographics
-  **Businesses**
-  Mapping
-  Compare
-  Talent Pool
-  Find Properties

1 SELECT FROM THE MENU

Click the tabs at the top to select Clusters, Industries or Business Search.

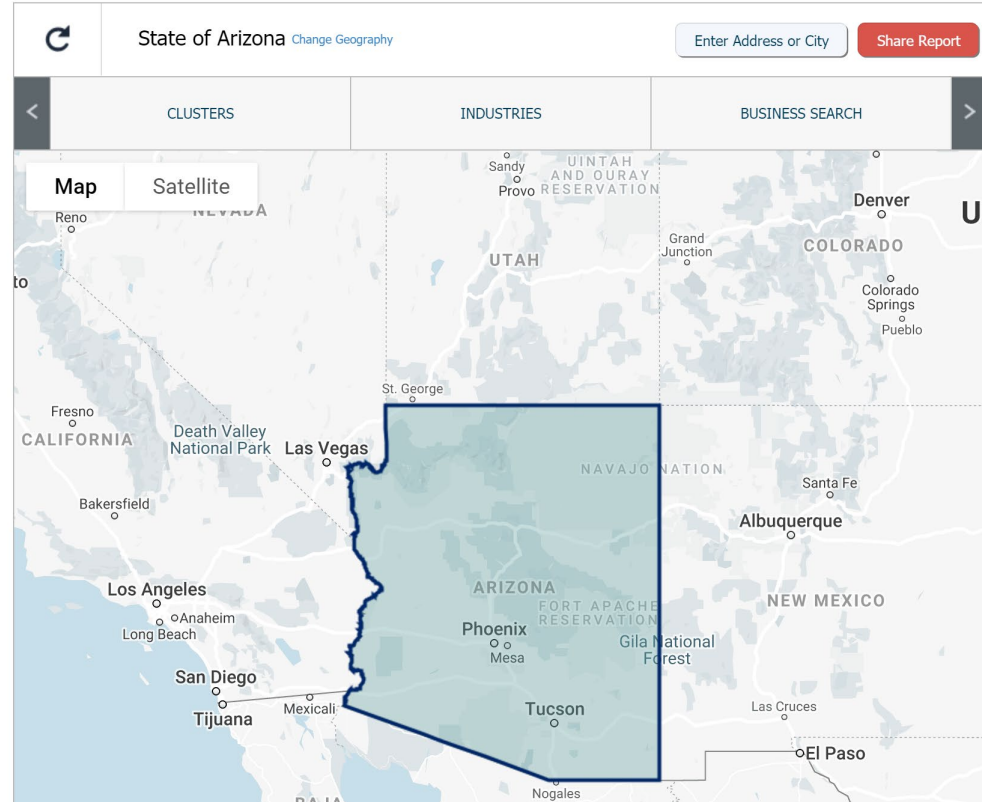


2 ANALYZE YOUR RESULTS

Click on the variables or

Businesses and Industries Clusters in **State of Arizona**

Search for businesses in State of Arizona. Explore industry clusters, find major employers and discover your competitors or customers.



arizonapro prospector.com



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Stakeholder Integration

- Third party consultants
- Lowering future healthcare costs



United States
Environmental Protection
Agency

Office of Policy,
Economics, and
Innovation (1801)

EPA-100-R-00-040
January 2001
www.epa.gov/stakeholders

EPA ARCHIVE DOCUMENT

Stakeholder Involvement & Public Participation at the U.S. EPA

*Lessons Learned, Barriers, &
Innovative Approaches*




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Extreme Heat Resources

- Heat Trainings
- Heat First Aid Program
- Occupational Heat Monitoring







WATER. REST. SHADE.


The work can't get done without them.


A Guide for Employers
to Carry Out Heat
Safety Training for
Workers




U.S. Department of Labor



Developed by 



Occupational Safety
and Health Administration
U.S. Department of Labor



Heat Illness Prevention Training Guide:
A Lesson Plan for Employers

OSHA 3437-04N 2011

sign up for heat alerts

azhealth.gov/heat



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Datos Sobre el Calor

**Manténgase fresco. Manténgase hidratado.
Manténgase informado.**

 Maricopa County
Public Health
WeArePublicHealth.org

¿Por qué importa el calor?



Más de 100 muertes son asociadas a la exposición al calor todos los años en el condado de Maricopa, y más de la mitad de éstas son directamente causadas por el calor.

¿Qué es una alerta de calor?

Hay dos tipos de alertas emitidas para ponerle al tanto sobre la temperatura:

Advertencia de calor extremo: una ola de calor extremo es prevista dentro de 36 horas. Este calor extremo amenaza la vida. Quédate en un edificio con aire acondicionado y evita la exposición directa al sol.

Aviso de calor extremo: el estado del tiempo favorece una ola de calor extremo dentro de 24 a 72 horas. Manténgase informado sobre el pronóstico del tiempo local para así planear sus actividades de manera segura.

Para ver alertas actuales sobre el calor en su área, visite www.weather.com/phoenix

¿Cómo se ven las enfermedades causadas por el calor?

Erupciones en la piel (sarpullido) por el calor

Síntomas:
irritación de la piel, causando grupos de granos enrojecidos o ampollas pequeñas

Tratamiento:
vaya a un lugar más fresco y menos húmedo, y mantenga seca la piel afectada

Calambres por el calor

(estos también pueden ser síntoma del agotamiento por el calor)

Síntomas:
Calambres musculares, sobre todo en las piernas y el abdomen

Tratamiento:
detenga toda actividad, descanse en un lugar fresco, y tome jugos claros o bebidas deportivas

Agotamiento por el calor

Síntomas:
sudoración excesiva, calambres musculares, cansancio, debilidad, dolor de cabeza, náuseas, palidez, mareos, o desmayos

Tratamiento:
vaya a un lugar con aire acondicionado, tome bebidas frescas sin alcohol, bañese o dúchese en agua tibia, use ropa ligera

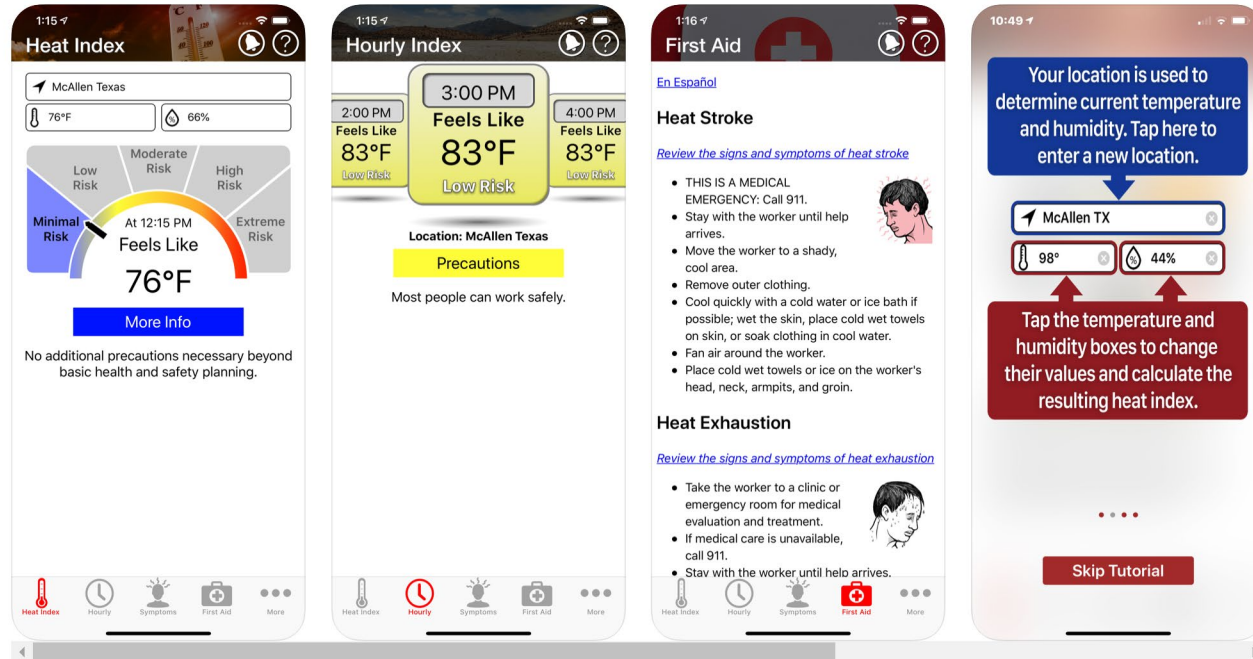
Insolación (Golpe de Calor)

Síntomas:
temperatura corporal muy alta, piel enrojecida, caliente, y seca sin sudor; dolor de cabeza pulsante; confusión mental; mareos; pulso rápido y fuerte; náuseas, pérdida del conocimiento

Tratamiento:
llame al 911, lleve la persona a la sombra, refresque a la persona con agua, bolsas de hielo, o toallas mojadas con agua fresca. No de líquidos por la boca a una persona inconsciente.

Para informarse sobre refugios con aire acondicionado y otros recursos, visite al HeatAZ.com o llame al 2-1-1

OSHA-NIOSH Heat Safety Tool

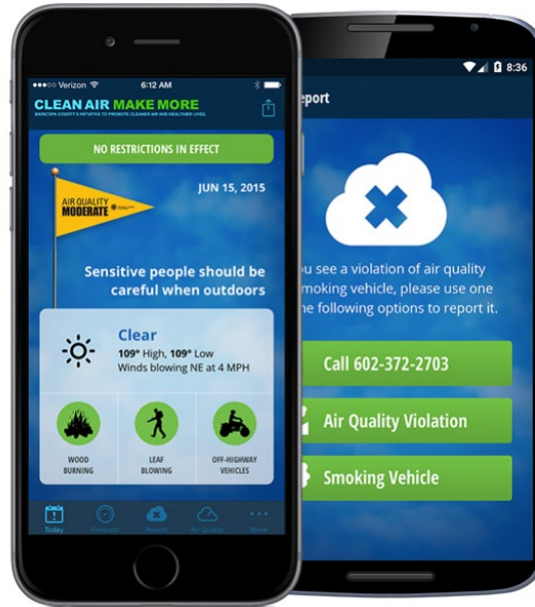


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Source: [OSHA-NIOSH Heat Safety](#)

Air Quality Resources



RIDE PUBLIC TRANSIT

Utilize alternate modes of transportation. Consider taking the light rail, bus or vanpool.

CleanAirMakeMore.com



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Infectious Diseases Resources

- Monitor Diseases
- Educate employees on benefits of sick days
- Don't spread diseases in the workplace



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Request For Feedback

A Review on How Arizona Businesses Can Protect Employee Health from
Climate Sensitive Hazards
Bridging Climate Change and Public Health Workgroup
Facilitated by Maricopa County Department of Public Health



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Overall Climate Sensitive Hazards		
Location of Company <ul style="list-style-type: none"> Before moving or even starting a business, it may be helpful to look at the population and environmental demographic of the state to find the best location for a certain price 	Location Mapping for Businesses (arizonaprosector.com)	Allen, 2016
Stakeholder Integration <ul style="list-style-type: none"> Bring in third party consultants to help with things like risk assessment, technical/economic analysis, climate adaptation solutions, and GIS Mapping/modeling May give competitive advantage in lowering future healthcare costs 	EPA Public Involvement Tools (epa.gov)	Sharma, 1998 Agrawala, 2011
Extreme Heat		
Heat Trainings <ul style="list-style-type: none"> Address worker dismissiveness towards personal safety 	OSHA trainings	Singh, 2015 OSHA
Heat First Aid Program <ul style="list-style-type: none"> Identify symptoms of heat illness and know how to treat them 	OSHA trainings	Singh, 2015
Occupational Heat Monitoring <ul style="list-style-type: none"> Temperatures should be monitored so supervisors and managers know when is safe to plan outdoor work activities 	OSHA-NIOSH heat safety tool app	OSHA
LEED Certification <ul style="list-style-type: none"> May prevent future utility costs for air conditioning to keep employees cool 	LEED Certification Guide	Allen, 2016 & Younger, 2008
Extreme Weather		
Preparation Guidelines <ul style="list-style-type: none"> Have a plan prepared to minimize mortality in an emergency 	National Disaster Preparedness Planning for Your Business	Schulte, 2016



THANK YOU

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Healthy Arizona Worksites Program



healthyazworksites.org



info@healthyazworksites.org



**THANK YOU
FOR WATCHING!**

HEALTHYAZWORKSITES.ORG