



**Letter of Support**

**HAWP 101 Training**

**Wellness Champion/Team**

**CDC Worksite**

**Health Scorecard**

**Policy & Change
Implementation**

**HAWP Award**

**Application**

**Worksite Health**

**Improvement Plan**



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| training.png | **HAWP 101 TRAINING:** *Visit* ***healthazworksites.org*** *to sign up to attend the Health Arizona Worksite Program Training.* Training date: Location:  |
| letter.png | **LETTER OF SUPPORT:** *Obtain a letter of support from organization’s leadership to announce the wellness program and demonstrate commitment* Who will write your letter?:  |
|  | **IDENTIFY WELLNESS CHAMPION /TEAM***Ideas: Possible members:*  |
| scorecard.png | **ASSESSMENT**Start the scorecard online: **bit.ly/cdcscorecard**Who will complete the CDC Worksite Health Scorecard?: **What other assessments?***For silver, choose 1* Employee interest data Biometric screening Organization culture survey*For gold, choose 2* Health risk appraisal Management survey Other  |
| lightbulb.png | **WORKSITE HEALTH IMPROVEMENT PLAN:**Use the plan builder to start today: **bit.ly/hawpplanbuilder** **Possible areas of interest** (check all that apply)*For copper: 1 goal & strategies* 🞏 Nutrition 🞏 Physical Activity *For silver: 2 goals & strategies* 🞏 Tobacco 🞏 Stress Mgmt./ Depression*For gold: 3 goals & strategies* 🞏 High Blood Pressure 🞏 High Cholesterol🞏 Diabetes 🞏 Heart Attack/ Stroke  🞏 Weight Mgmt. 🞏 Lactation Support 🞏 Safety/ Injury Prev. 🞏 Vaccine Prev. Diseases |
| launch.png | **POLICY & CHANGE IMPLEMENTATION Possible areas of improvement** (check all that apply)*For silver: Minimum 1 policy/* 🞏 Organizational support *environmental strategy* 🞏 Nutrition 🞏 Physical Activity *per category* 🞏 Tobacco 🞏 Stress Mgmt./ Depression 🞏 High Blood Pressure 🞏 High Cholesterol*For gold: Minimum 2 supportive policy/* 🞏 Diabetes 🞏 Heart Attack/ Stroke  *environmental strategy* 🞏 Weight Mgmt. 🞏 Lactation Support *per category* 🞏 Safety/ Injury Prev. 🞏 Vaccine Prev. Diseases |
|  | **HAWP AWARD APPLICATION:** *You’re so close! Apply for the HAWP Award! Start the application online:* ***bit.ly/hawpapplication*** Who will complete the CDC Worksite Health Scorecard?:  |

