

KEEP YOUR COOL THIS SUMMER!



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FREE HEAT STRESS AWARENESS CLASS

Do you work outdoors or in hot locations?

Are you employed in agriculture, landscaping, yard care, construction, auto repair or home painting?

Do you own a small business or are an independent contractor in these industries?

Help to protect yourself and your workers from heat stress illness by attending this free two-hour class on heat stress hazards. You'll learn how to:

- Recognize symptoms of heat stress illness
- Administer first aid for heat stress
- Prevent heat stress

Plus, learn about protective equipment, additional resources and more

Register on-line:

[https:// www.eiseverywhere.com/347261](https://www.eiseverywhere.com/347261)



July 10, 2018
Maricopa County
Agricultural Extension
Service
9:30 – 11:30 AM

July 12, 2018
Mesa Main Public Library
9:30 – 11:30 AM

July 13, 2018
City of Peoria Rio Vista
Recreation Center
9:30 – 11:30 AM

July 18, 2018
Inter Tribal Council of
Arizona
10:00 AM – Noon

Training is sponsored by the
National Institute of
Environmental Health
Sciences and the Western
Region Universities
Consortium

